

# *A Worship Playlist to Connect You with God, Encourage Your Heart, and Build Your Faith*

Life in the NICU can feel like a rollercoaster of emotions—overwhelming at times, and often filled with moments that **test** and **grow your faith**. This carefully curated playlist is designed to be a journey of worship, taking you from crying out to God in moments of vulnerability to **finding hope, encouragement**, and ultimately, **a strengthened faith**. Each song has been chosen to meet you in your current season and remind you of God's **promises** and **presence**. Let these songs minister to your heart as you draw closer to Him and navigate this **season of your life**.



## *How the Playlist Progresses:*

- 1. Crying Out to God:** Songs for honesty and raw emotion.
- 2. Increasing Faith:** Trusting God's promises in the waiting.
- 3. Encouragement and Strength:** Reminders of God's power and presence.
- 4. Faith in Worship:** Joyful declarations of trust and surrender.
- 5. Unwavering Hope and Victory:** Celebrating triumph and the goodness of God.

Let this playlist become a companion in your journey, carrying you through the NICU experience and beyond. Feel free to listen in order or according to the part of season you're in. As you cry out, celebrate progress, and build your faith, I hope these songs remind you of God's love and His enduring presence, purpose, and power. May your spirit be **uplifted**, your faith **renewed**, and your hope **strengthened** with each note.

**Your Partner in Faith and Hope,**  
**Dr. Jess**

## *Crying Out to God*

These songs capture the raw emotion of crying out to God in times of **pain, confusion, and uncertainty.**



[I Need You Now](#)  
by [Smokie Norful](#)



[Help \(feat. Lecrae\)](#)  
by [Erica Campbell](#)



[It is Well \(Live\)](#)  
by [Bethel Music & Kristene DiMarco](#)



[Trenches \(Sunday A.M. / Stellar Awards Version\)](#)  
by [Tauren Wells & Donald Lawrence & Co.](#)



[Hold Us Together \(Hope Mix\)](#)  
by [H.E.R. & Tauren Wells](#)



[When I Pray](#)  
by [DOE](#)



[Never Have to Be Alone](#)  
by [CeCe Winans](#)

## *Increasing Faith*

As hope begins to stir, these songs focus on **trusting God's promises** and **leaning on His strength.**



[Good & Loved \(feat. D.O.E.\) \[Live at Vevo\]](#)  
by [Travis Greene](#)



[Wait On You \(feat. Dante Bowe & Chandler Moore\)](#)  
by [Elevation Worship & Maverick City Music](#)



[Known](#)  
by [Tauren Wells](#)



[Jireh \(feat. Chandler Moore & Naomi Raine\)](#)  
by [Elevation Worship & Maverick City Music](#)



[Increase My Faith](#)  
by [Brian Courtney Wilson](#)



[Fear Is Not My Future \(feat. Brandon Lake & Chandler Moore\)](#)  
by [Maverick City Music & Kirk Franklin](#)



[Be Still \(Live\)](#)  
by [Travis Greene](#)

## *Encouragement and Strength*

These songs **uplift** and **encourage**, reminding parents of **God's goodness, faithfulness, and unwavering presence.**



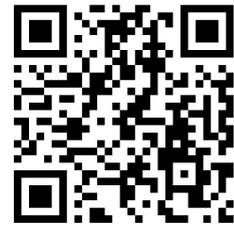
[Goodness of God \(Live\)](#)  
by [CeCe Winans](#)



[Firm Foundation \(He Won't\)](#) by [Maverick City Music, Chandler Moore & Cody Carnes](#)



[Hills and Valleys](#)  
by [Tauren Wells](#)



[Same God \(feat. Jonsal Barrientes\)](#)  
by [Elevation Worship](#)



[Worthy of My Song \(Worthy of It All\)](#)  
[\[feat. Mav City Gospel Choir\]](#) by [Maverick City Music, Phil Wickham & Chandler Moore](#)



[Keep Me](#)  
by [Patrick Dopson](#)



[No Fear](#)  
by [Madison Ryann Ward](#)

## *Faith in Worship*

This section invites parents to lift their eyes to God, **worshiping Him for who He is** and proclaiming **His promises over their lives**.



**Promises**  
(feat. Joe L Barnes) by  
Maverick City Music &  
Naomi Raine



**I'll Give Thanks**  
(feat. Kirby Kaple) [Live]  
by Housefires



**Only Jesus**  
(feat. Kirby Kaple,  
Chandler Moore & DOE).  
by Housefires



**When I Lock Eyes**  
(feat. Brandon Lake &  
Elyssa Smith) by Maverick  
City Music & UPPERROOM



**The Story I'll Tell (Live)**  
by Naomi Raine



**Uncovering**  
(feat. Lizzie Morgan)  
[Live].  
by Naomi Raine



**Make Room**  
by The Church Will Sing,  
Elyssa Smith &  
Community Music

## *Unwavering Hope and Victory*

These songs declare **victory**, **celebrate God's faithfulness**, and remind parents that **He is always working for their good**.



**Testify (Live)**  
by Rock City Worship



**More Than Able**  
(feat. Chandler Moore  
& Tiffany Hudson)  
by Elevation Worship



**Always On Time**  
(feat. Bella Cordero)  
by Elevation Worship



**Sure Been Good**  
**(feat. Tiffany Hudson)**  
by Elevation Worship



**For My Good**  
**(feat. Todd Galberth)**  
by Maverick City Music,  
Naomi Raine & Chandler  
Moore



**Nothing Is Better**  
**(feat. Anthony Brown**  
**& Megan Tibbits)**  
by Maverick City Music,  
Naomi Raine & Chandler  
Moore



**Oceans**  
**(Where Feet May Fail)**  
by Hillsong UNITED



**Can't Take My Worship**  
**(feat. Travis Greene)**  
by Maverick City Music,  
Naomi Raine & Chandler  
Moore



**Trust in God**  
by Aware Worship

\*Also available in Spotify and Apple Music



*If this playlist blessed you, send me an email  
to share your experience:*

[momandmemd@gmail.com](mailto:momandmemd@gmail.com)

